

## Faculty

PAULO CARVALHO, Portugal

ANJA HELMERS, Germany

GEORG HOCHHEUSER, Germany

HERMANN LEIDOLF, Austria

FRANK MATTES, Germany

ALEX PELLEGRINO, Switzerland

MARIANO DE PRADO, Spain

EDUARDO RABAT, Spain

ROBBIE RAY, UK

MARKUS WALTHER, Germany

## Course Venue

Med. Universität Innsbruck,  
Sektion für Klinisch-Funktionelle Anatomie,  
Müllerstrasse 59, 6020 Innsbruck

## Course Directors

DR. MED. HERMANN LEIDOLF  
DR. MED. GEORG HOCHHEUSER

Beginning/end of the event:

Friday 19.5.2023 09:00– 19:00

Saturday 20.5.2023 09:00– 17:00

Registration online: [www.interalpes.com](http://www.interalpes.com)

Participation fee: 1500.- €

interALPES   
foot and ankle academy  
Ausbildung auf höchstem Niveau

# 1st InterAlpes/ EFAS MIS-Course 2023



19th – 20th May 2023

Course Venue: Med. University Innsbruck/Austria,  
Departement for clinical Anatomy,

Müllerstrasse 59, 6020 Innsbruck/Austria

Course Directors: Dr. Hermann Leidolf/Austria,  
Dr. Georg Hochheuser/Germany

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interALPES 

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**Friday, 19.05.2023**

**09.00–09.30** Registration/Welcome Coffee COUNTER

**Lecture Room. Moderation Leidolf**

09.30 Welcome Address LEIDOLF/HOCHHEUSER

09.40–11.00 Know your Instruments LEIDOLF

10.00 What should I start with – From beginner to Expert LEIDOLF

10.20 Postoperative Management, Dressing, Radiological Course HOCHHEUSER

11.40 Lesser Toes Deformities CARVALHO

12.00 5th Ray Deformities PELLEGRINO

12.40 Akin Osteotomy, Soft Tissue release PELLEGRINO

13.00 Metatarsalgia, DMMO, Plantar Plate DE PRADO

13.20 Discussion

**13.20–14.00** Lunch Break

**Lab Session. Moderation Hochheuser**

14.00 Lesser Toe deformities, Saw bone, Cadaver Lab CARVALHO

14.00 Akin, Release, Soft Tissue Release, 5th Ray, Saw bone Demo, Cadaver Lab PELLEGRINO

**Lecture Room. Moderation Hochheuser**

14.45 MIS Haglund/Zadek Osteotomie MATTES

15.05 Heel Spur and und Plantar Fasciitis PELLEGRINO

15.25 MIS Calcaneus WALTHER

15.45 Discussion

**15.45–16.15** Coffee Break

**Lab Session. Moderation Pellegrino**

16.15 Haglund/Zadek, Heel Spur, Calcaneus OT Saw bone Demo, Cadaver Lab WALTHER/MATTES/PELLEGRINO

18.15 End of 1st Day

**19.00** Dinner Restaurant Lichtblick

**Saturday, 20.05.2023**

**Lecture Room. Moderation Hochheuser**

08.55 Welcome Address Hochheuser

09.00 MIS 1st Ray – Techniques Overview LEIDOLF

09.20 MIS Hallux rigidus LEIDOLF

09.40 PERC (MIS Chevron) WALTHER

10.00 MIS Isham DE PRADO

10.20 MIS Double Osteotomy HOCHHEUSER

10.40 MICA RAY

11.00–11.20 MIS Scarf RABAT

**11.20–11.35** Coffee Break/Group Picture

**Lecture Room. Moderation Pellegrino**

11.35–11.55 What can we expect from literature WALTHER

11.55–12.05 Complications and pitfalls RAY

12.05–12.25 MIS in Childhood HELMERS

**Lab Session. Moderation Walther**

12.25–13.25 Hallux valgus, Saw bone FACULTY

**13.25–14.15** Lunch Break

14.15–17.00 Hallux Valgus, Cadaver Lab FACULTY

17.00 Conclusion and Course Closure